



Bullying vs. Conflict



What research says...

Bullying:

Happens in secrecy or out-of-the way places.

Someone is targeting one person.

Threats are used, and bullies hurt people with words or actions.

Are not friends with their targets.

Results in one person feeling that he or she is in danger.

Conflict:

Often happens where everyone can see.

Usually has lots of people around.

May involve fighting (verbal and physical), but both people fight.

Afterward, usually the problem is worked out and people are friends again.

IRON RIDGE ELEMENTARY CAMPUS

4710 BROADWAY AVENUE
BOX 160
BLACKFALDS, AB TOM OJO

PHONE: 403-885-4646
FAX: 403-782-8738

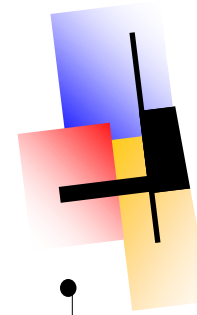
WEBSITE:
www.irec.wolfcreek.ab.ca

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RCMP RESOURCE OFFICER



7 HABITS INSPIRED

*YOUR
COMMUNITY
SCHOOL!*



**7 HABITS
LEADERSHIP
SKILLS
FOR LIFE**



*All Learners Are Empowered to
Succeed*

IRC Mission



McMullen, 2005



I CAN...



- **Be Proactive:**
I can choose my responses to others & take responsibility for myself.
- **Begin with the End in Mind:**
I can make a plan and set goals.
- **Put First Things First:**
I can be organized.
- **Think Win-Win:**
I can co-operate and share with others.
- **Seek First to Understand, Then to be Understood:**
I can see more than one point of view & be a problem solver.
- **Synergize:**
I can learn from others & work in a group.
- **Sharpen the Saw:**
I can learn my whole life, not just at school & fill my life with positive experiences.

Covey, 2008

IRON RIDGE CAMPUS IS PROUD TO PROMOTE A **BULLY-FREE ENVIRONMENT**

Establishing relationships and building self-esteem are important factors to prevent bullying and to sustain a bully-free environment (McMullen, 2005). The 7 Habits are timeless principles that help students develop the skills they need to sustain healthy relationships, build self-esteem and to deal with life proactively.

Extra curricular activities also provide more opportunities to develop the 7 Habits.

Some examples are:

Intramurals	French Club	Sign Language Club
Buddy Classes	Choir	Friendship Club
Floor Hockey	Drama	Leadership
Mentorship	Dance	Garden Club
Running Club	Library Club	Roots of Empathy

These habits are explicitly taught and practiced in our classrooms, in our hallways, and on our playgrounds. Students are recognized for practicing these habits.

Students learn how to:

- ✓ Increase self-esteem through respect, tolerance and empathy.
- ✓ Use a positive language to create a culture of character.
- ✓ Use new skills for positive socialization.
- ✓ Resolve conflicts independently.
- ✓ Use life-long leadership skills.



**DOING WHAT IS RIGHT EVEN
WHEN NO ONE IS WATCHING**